

Best Practices 2019-20

1 Title: TO DEVELOPED THE SCIENTIFIC TEMPER

Goal :

- To develop interest in science
- To know the atmosphere of college
- To develop a teaching skill in B.Sc. students
- To aware the scientific knowledge by taking interesting practices.
- To develop interaction between students
- To know the basic science
- To developed scientific temper
- To motivate the 9th class student

Context :

The Students of Ninth standard are selected for development of scientific temper. The students are gathered by requesting the respective principal/ Head master of college and school. Our principal and some teachers give them a knowledge through their speech. The students are send in groups in laboratories like Physics, Botany, Zoology, Computer science and chemistry. In every Laboratory the group of B.Sc. Students and CHB teachers are appointed with some experiments. They gives information about experiments and their use in their regular life. The students are highly motivated and impressed. Some students shows keen interest and ask some question to the B.Sc. students and teachers.

The practice:

From last two years it is a continuous practice for ninth standerd students but it is limited. The institute like to increase the number of students, their sections and the schools. This practice will help in the scientific attitude of the students. The B.Sc. students are also like this programme and they also get knowledge from ninth class students.

Evidence of Success :

This programme is appreciated by students and their teachers. This programme is also like by our principal and he like to continue it for every year.

Problem Encountered and Resource Required :

The problem regarding this programme are very negligible. Few students shows very less interest in science experiments. For this practice students of B.Sc required for guidance to ninth class students. No extra resource or money is required. The available experiments, plants, animals, instruments are required for this project.

Contact Details :

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2 Title – TO DEVELOP THE PHYSICAL AND MENTAL ATTITUDE

Goal:

- To develop interest in Physical activities
- To create awareness about Yoga and its importance.
- To develop a game skill in students.
- To aware the scientific aspects of game and sports.
- To develop interaction between students and coach.
- To know the basic science of body.
- To develop sports culture in students and citizens.
- To motivate the students and citizens for quality of life through sports and yoga.
- To expose student at inter collegiate, Ashwamedh, inter University and All India inter university level.
- To reduce the health problems of the students and citizens
- To develop competitive nature among students.

The Context :

The students of the college are motivated by physical education teacher Dr. L. B. Nagalwade. The interested students are invited on the ground. They are first exposed for warmup by running. As per the scheduled of university games practice is given to the students. The rules and regulation are understands by the students. The best students are selected for the inter collegiate games. The students are participated in games, of which few are selected for university team selection trial. The selected players are participated in inter university, Ashwamedh and All India inter university games. The students are get University Blazer and certificate of participation. It is proud for a student to get this achievement. Along with the student some ex-students and some citizens are also come on the ground and doing yoga and running. They get physically fit and mentally satisfied. Some of them stop their medicine of blood pressure, thyroid problem, asthma , cholesterol level and many more.

S. No.	Academic year	Number of Games		Number of students participated in collegiate sports		Number of student participated in Inter University/ All India University /Ashwamedh / Get University Blazer	
		Boys	Girls	Boys	Girls	Boys	Girls
1	2017-18	10	08	112	93	17	12
2	2018-19	13	13	115	102	05	11
3	2019-20	11	12	110	86	04	11

The Practice:

It is a regular practice in institution for student. They get practice and participate in intercollegiate, interuniversity, avishkar and all India interuniversity competition. Along with students small childrens and old persons are also come on ground and do regular exercise with Dr. Nagalwade. Due to these practice gradually they reduce the medicinal dose and lastly stop the consumption of medicine. They always thanks to our teacher for guidance and assistance.

Evidence of Success :

The students get participation certificate of college level competition in college day. The student also get inter collegiate, inter university, Ashwamedh and All India inter university certificate. The student get minimum 10 and maximum 25 marks in their mark sheet as per their participation. Many students and citizens are benefited in their health problems. They stop their medicine due to sports activity. Many students get a job in police department, forest department, military, BSF, CRPF and SRPF on the basis of physical fitness.

Number of Student get jobs:-

S. No.	Department	Number of student
1	Police	20
2	Forest	07
3	Military	03
4	B.S.F.	01
5	C.R.P.F.	02
6	S.R.P.F.	02
7	C.I.S.F.	01
8	Total	36

Name of persons who stop medicines:-

S. No.	Name of Person	Age	Disease
1	Ravindra S. Bawane	42	B.P. and Gas
2	Dinesh G. Rahate	28	Thyroid, Asthma & Haemoglobin
3	Rajiv R. Yedhnurwar	42	B.P., Cholesterol & Bagandar
4	Dilip M. Meshram	40	B.P. and Hydricoeel
5	Ramesh P. Pittulwar	43	B.P. and Cholesterol
6	Pramod N. Kowe	41	B.P. and Haemoglobin
7	Vidhyadhar N. Durge	31	B.P. and Asthma
8	Omprakash S. Dharne	42	Cholesterol
9	Vinay S. Khobragade	40	Asthma
10	Suresh S. Dodewar	45	B.P.
11	Mithun Meshram	46	B.P.

12	Nitin Khobragade	42	B.P.
13	Ramesh Pittulwar	46	B.P. and Cholesterol
14	Vandana D. Mogre	42	Thyroid, Asthma
15	Nandu Gandate	35	Asthma

Problem Encountered and Resource Required :-

The college has a large open ground it is about 2.7 acres. It had basketball court, volleyball court, single bar, double bar, long jump pit, shot put sector and 200 meter running track are fixed. In this ground we temporarily used for hockey, football, hand ball, net ball, kabaddi, kho-kho, taekondo, soft ball, ball badminton and cricket matches. The college has no indoor game facilities. The resources required for students are supplied by college and some donors. The sports motivation is developed among small students and children. The ground is used for taluka level and district level competition. The NGO in sports are very negligible. Knowing the importance of sports and its impact on health problems to peoples is negligible.

Contact Details :

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Beside above two best practices institute also doing following practices

1. Social awareness through NSS.
2. Awareness of tourism and industry and carrier approach.
3. Environmental awareness through Nature club, plantation.
4. Social awareness through Adult education.

5. Prize and Scholarship distribution helps in motivation of students.
6. Blood testing and awareness programme to motivate the student for blood donation.